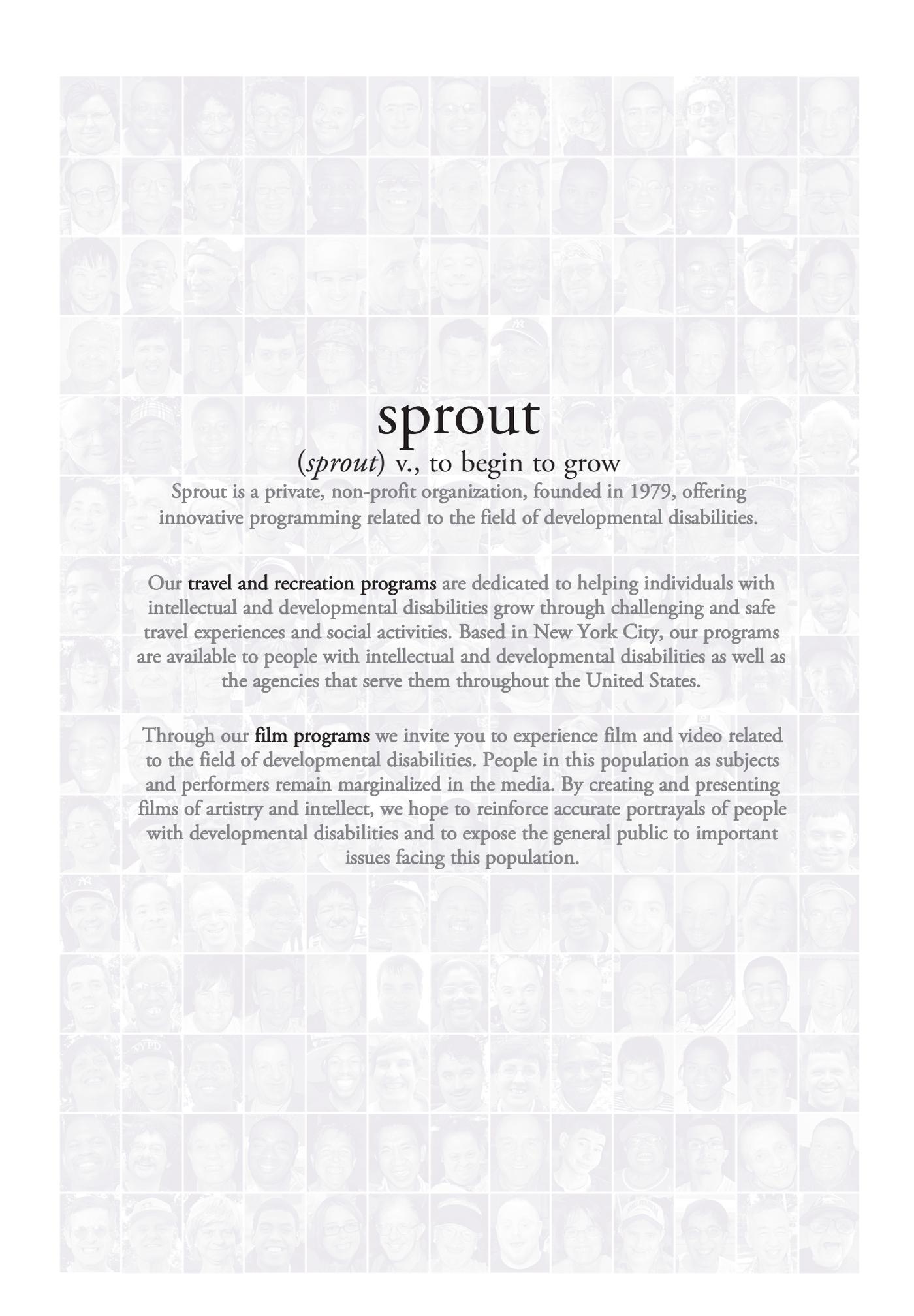


# sprout

2014



programs for people with intellectual and developmental disabilities



# sprout

*(sprout)* v., to begin to grow

Sprout is a private, non-profit organization, founded in 1979, offering innovative programming related to the field of developmental disabilities.

Our **travel and recreation programs** are dedicated to helping individuals with intellectual and developmental disabilities grow through challenging and safe travel experiences and social activities. Based in New York City, our programs are available to people with intellectual and developmental disabilities as well as the agencies that serve them throughout the United States.

Through our **film programs** we invite you to experience film and video related to the field of developmental disabilities. People in this population as subjects and performers remain marginalized in the media. By creating and presenting films of artistry and intellect, we hope to reinforce accurate portrayals of people with developmental disabilities and to expose the general public to important issues facing this population.



# table of contents



**sprout film programs**.....2 - 3

sprout film festival, sprout touring film festival, sproutflix, make-a-movie

**vacation program information** .....4

year-round vacation program for individuals

**custom design trip program**.....5

a vacation planning service for agencies and organizations

## calendars

trips departing from New York City.....6

trips departing from New Paltz/Bridgeport/Hartford/Carteret.....7

**vacations**.....8 - 21

descriptions and details for each trip, listed chronologically

**slower paced trips** .....22 - 23

trips designed for participants needing greater assistance

**sprout leaders** .....24

sprout's greatest asset - our amazing leaders

**new york city programs** .....25

day & evening, school holiday, and weekend vacation programs

**terms & regulations** .....26

**registration form** .....27 - 28

**joseph di salvo fund**.....29



# THE TWELFTH ANNUAL **SPROUT FILM FESTIVAL**

Saturday May 31 ~ Sunday June 1, 2014

The School of Visual Arts Theatre  
333 West 23rd Street New York, NY

**The only film festival of its kind** - showcasing an international selection of films **exclusively** related to the field of intellectual and developmental disabilities. Our goal is to offer an enjoyable and enlightening experience that will help breakdown stereotypes, promoting a greater acceptance of differences and awareness of similarities.

We will be presenting a variety of films of artistry and intellect, in 7 unique programs. Selected programs will be followed by a Q & A.

**Lower  
Manhattan  
Cultural  
Council**



[www.sproutfilmfestival.org](http://www.sproutfilmfestival.org)

## LAST YEAR 35 CITIES THROUGHOUT THE US PRESENTED THEIR OWN SPROUT TOURING FILM FESTIVAL



You pick the date and location and we will work with you to tailor any number of programs, bringing a custom-designed version of the Sprout Film Festival to your area. Ideal for conferences, schools and agencies interested in presenting quality, educational, entertaining and memorable films related to the field of intellectual and developmental disabilities.

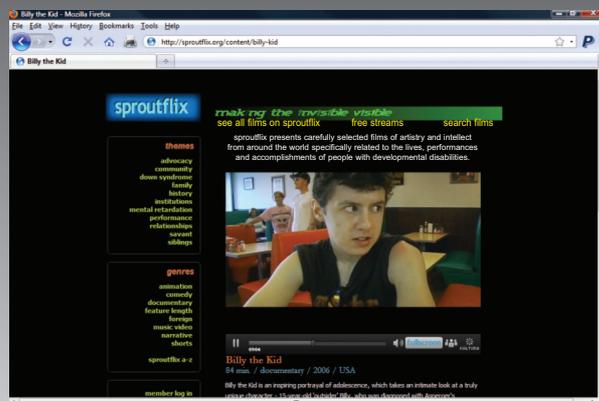
**Our library currently consists of over 150 titles of amazing films for you to select from to be included in your festival.**

For additional information and/or a proposal please contact Anthony Di Salvo, Sprout's Executive Director, at 888-222-9575 or [anthony@gosproust.org](mailto:anthony@gosproust.org)

# sproutflix

Visit [www.sproutflix.org](http://www.sproutflix.org) to discover an exciting world of film and video exclusively related to the field of intellectual and developmental disabilities.

easily search our library by theme, category, genre or keywords...



stream movies directly to your computer, download for off-line viewing or purchase DVDs to be shipped to you...

**sproutflix.org** ~ The only distributor of films specifically and exclusively related to the field of intellectual and developmental disabilities.

Sproutflix offers streams, downloads, DVDs and playlists to be purchased and licensed for institutional use. We believe film can inspire, inform, and affect change. It is a powerful educational tool and the perfect addition to any curriculum or training program.

We encourage universities, libraries, agencies and other training and educational facilities to browse our ever-growing collection of titles.



## Make-A-Movie Program

Since 1994 filmmaker Anthony Di Salvo and cinematographer Ezra Waltermaurer have turned cameras on persons with developmental disabilities for a series of fun, poignant and richly drawn videos.

Typically marginalized by their absence in film and video, participants are excited by this newfound opportunity to explore their artistic side. They have inspired and, at times, co-written stories that became Sprout films.

Sprout Make-A-Movie videos have been shown at festivals and public screenings around the world. All of these films are available on [Sproutflix.org](http://Sproutflix.org).



# vacation program

Since 1979 Sprout has provided people with special needs exciting vacation opportunities across the US and throughout the world.

From relaxing weekend escapes to week-long adventures of travel and discovery, Sprout has a vacation to please everyone.



*We can relax when our guys go on Sprout trips. We know that they will come home clean, happy and healthy. They always have a great time, and share stories long after their vacations end.*

associate director

✦ Participants on our vacations have developmental disabilities (moderate to high functioning levels) and are at least 21 years old. Travelers must be ambulatory and capable of functioning well within Sprout's traveling ratio of 1 leader to 3-4 participants.

✦ Our usual group size is 10-11 participants and 3 Sprout leaders. This ratio not only allows for individual attention, but also creates a comfortable atmosphere for socialization and personal growth.

✦ Groups typically use a new 15-passenger van for access to a wide variety of local activities, restaurants and attractions.

✦ Our groups stay in a variety of inns, motor lodges, condominiums, and hotels where we are known and welcome. Occasionally in select rooms, due to participant ratios and to keep the trip cost affordable, we use roll-away beds.

✦ Driving trips begin and end in New York City. We also have a selection of trips which offer pick-ups/drop offs in Connecticut, New Jersey or upstate NY. **Airline trips departing from NYC will leave from one of the three metropolitan airports.**

✦ In general, extended driving trips depart at 10:30am. Weekend trips depart at 5:00pm. All trips return at 5:30pm, unless otherwise noted.

✦ The cost of the trip covers all meals, accommodations, transportation, leadership costs, activities, accident insurance and gratuities. We suggest that each participant bring spending money to purchase souvenirs.

✦ Each group's leadership team has use of a cellular phone and access to a 24-hour support system during the entire trip.



**Special pick-ups/drop-offs** - Individuals traveling via public transportation and in need of assistance can be escorted to and from the meeting location for an additional fee. Pick-ups can be arranged at Port Authority, Grand Central Station and Penn Station. Pick-ups can also be arranged at La Guardia, JFK and Newark airports. This service must be pre-arranged with Sprout's Program Director and times must correlate with meeting and return times for the rest of the group. **These arrangements must be made at least 14 days prior to the trip departure.**

**En route pick-ups/drop-offs** - A pick-up location en route to the destination can be arranged, when feasible, for a nominal fee. **These arrangements must be made at least 28 days prior to the trip departure. En route pick-ups and drop-offs are not available for weekend trips.**

# custom design program



*Given the breadth of its interests and the remarkable scope of its destinations, Sprout is the “Club Med” of travel for the developmentally disabled.*

Arthur Frommer  
Frommer’s Guide

**The perfect way to accommodate your group’s specific vacation needs, from budgetary concerns to enhanced care requirements.**

- ✦ You pick the dates, length and destination of the trip.
  - ✦ We will pick up your group, wherever you are.
- ✦ Our staff will work with you to design a trip to suit your group’s specific interests and abilities.
- ✦ Sprout will provide all staffing needs during their vacation.

*I would just like to thank you for the wonderful service that you provide for the community. Our consumers had such a great time that they are already asking me to go next year, which is a pretty big deal for them. Thank you also for making the signup process so easy, most other things we do are arduous in comparison.*

services coordinator



**For questions regarding the Vacation Program and the Custom Design Program please contact Andy Lee, Sprout’s Program Director at: 888-222-9575 or by email at: [Andy@GoSprout.org](mailto:Andy@GoSprout.org)**

# calendar of trips

## New York City Departures

### March 2014

Tues. 25 - Thurs. 27 .....Atlantic City p. 8

### April 2014

Wed. 2 - Tues. 8 .....Orlando p. 8

Mon. 21 - Thurs. 24 .....Washington, DC p. 8

Fri. 25 - Sun. 27 .....Philadelphia p. 8

Tues. 29 - Fri. May 2 .....Penn Dutch p. 9

### May 2014

Mon. 5 - Thurs. 8 .....Dude Ranch p. 9

Tues. 13 - Thurs. 15 .....Atlantic City p. 9

Sat. 17 - Sat. 24 .....Florida & Bahamas Cruise p. 9

Tues. 27 - Thurs. 29 .....Mystic, CT p. 10

### June 2014

Mon. 2 - Thurs. 5 .....Vermont p. 10

Tues. 3 - Thurs. 5 .....Philadelphia p. 10

Mon. 9 - Wed. 11 .....Poconos p. 10

Mon. 9 - Fri. 13 .....Jersey Shore p. 10

Fri. 13 - Mon. 16 .....Boston p. 10

Mon. 16 - Fri. 20 .....New England Farm p. 11

Wed. 18 - Sun. 22 .....Lake George p. 11

Fri. 20 - Wed. 25 .....Cape Cod p. 11

Mon. 23 - Sat. 28 .....Niagara Falls p. 11

Tues. 24 - Fri. 27 .....Penn Dutch p. 12

Fri. 27 - Sun. 29 .....Old Songs Festival p. 12

Fri. 27 - Thurs. July 3 .....Cleveland p. 12

Mon. 30 - Wed. July 2 .....Catskills p. 12

### July 2014

Tues. 1 - Mon. 7 .....Virginia Beach p. 12

Wed. 2 - Mon. 7 .....Maine p. 12

Thurs. 3 - Tues. 8 .....1000 Islands p. 13

Mon. 7 - Thurs. 10 .....Washington, DC p. 13

Tues. 8 - Mon. 14 .....Pittsburgh p. 13

Wed. 9 - Mon. 14 .....Lake George p. 13

Thurs. 10 - Wed. 16 .....Toronto p. 14

Fri. 11 - Sun. 13 .....New Hope p. 14

Tues. 15 - Thurs. 17 .....Atlantic City p. 14

Tues. 15 - Mon. 21 .....Cape Cod p. 14

Thurs. 17 - Mon. 21 .....New Hampshire p. 14

Fri. 18 - Mon. 21 .....Penn Dutch p. 15

Fri. 18 - Wed. 23 .....Baseball Roadtrip p. 15

Wed. 23 - Sat. 26 .....Mystic, CT p. 15

Wed. 23 - Mon. 28 .....Ocean Dity & DE State Fair p. 15

Wed. 23 - Mon. 28 .....Finger Lakes p. 16

Fri. 25 - Thurs. 31 .....Virginia Beach p. 16

Mon. 28 - Thurs. 31 .....Vermont p. 16

Tues. 29 - Sun. August 3 .....Lake George p. 16

Wed. 30 - Sat. August 2 .....Rhode Island p. 16

### August 2014

Mon. 4 - Thurs. 7 .....slow pace.....Catskills p. 22

Wed. 6 - Sat. 9 .....Penn Dutch p. 16

Mon. 11 - Wed. 13 .....Atlantic City p. 16

Mon. 11 - Thurs. 14 .....Poconos p. 16

Mon. 11 - Fri. 15 .....Delaware Shore p. 17

Tues. 12 - Mon. 18 .....Cape Cod p. 17

Fri. 15 - Sun. 17 .....Mystic, CT p. 17

Mon. 18 - Wed. 20 .....Catskills p. 17

Mon. 18 - Thurs. 21 .....Philadelphia p. 17

Mon. 18 - Thurs. 21 .....Baseball Hall of Fame p. 17

Wed. 20 - Tues. 26 .....Virginia Beach p. 17

Thurs. 21 - Tues. 26 .....Niagara Falls p. 18

Fri. 22 - Wed. 27 .....1000 Islands p. 18

Mon. 25 - Thurs. 28 .....Penn Dutch p. 18

Thurs. 28 - Mon. Sept 1 .....slow pace.....Cruise p. 23

Thurs. 28 - Tues. Sept. 2 .....Lake George p. 18

### September 2014

Wed. 3 - Fri. 5 .....Atlantic City p. 18

Wed. 3 - Mon. 8 .....Cape Cod p. 18

Thurs. 4 - Sun. 7 .....Mystic, CT p. 18

Mon. 8 - Thurs. 11 .....Dude Ranch p. 18

Tues. 9 - Thurs. 11 .....Poconos p. 18

Thurs. 11 - Mon. 15 .....Lake George p. 18

Fri. 12 - Sun. 14 .....Catskills p. 19

Mon. 15 - Thurs. 18 .....Baseball Hall of Fame p. 19

Tues. 16 - Fri. 19 .....Berkshires & Big E Fair p. 19

Thurs. 18 - Wed. 24 .....Orlando p. 19

Fri. 19 - Mon. 22 .....Penn Dutch p. 19

Tues. 23 - Fri. 26 .....Rhode Island p. 19

Wed. 24 - Sat. 27 .....Boston p. 19

Sun. 28 - Sun. October 5 .....Bermuda Cruise p. 19

### October 2014

Tues. 7 - Fri. 10 .....Vermont p. 19

Wed. 8 - Wed. 15 .....Hamburg, Germany p. 20

Fri. 17 - Sun. 19 .....Mystic, CT p. 20

Fri. 17 - Mon. 20 .....Penn Dutch p. 20

Tues. 21 - Mon. 27 .....Nashville & Memphis p. 20

Fri. 24 - Sun. 26 .....Halloween weekend p. 20

Wed. 29 - Fri. 31 .....Atlantic City p. 20

### November 2014

Mon. 3 - Thurs 6 .....Washington, DC p. 20

Fri. 7 - Sun. 9 .... slow pace...Cruise to Nowhere p. 23

Tues. 11 - Mon. 17 .....Orlando p. 20

Wed. 19 - Tues. 25 .....Southern California p. 21

### December 2014

Wed. 3 - Tues. 9 .....Orlando p. 21

Fri. 12 - Sun. 14 .....Bethlehem p. 21

### January 2015

Thurs. 22 - Wed. 28 .....Cancun p. 21

# additional departures

## New Paltz, NY Departures

### May 2014

Mon. 5 - Thurs. 8.....Dude Ranch p. 9

### June 2014

Wed. 18 - Sun. 22.....Lake George p. 11

Mon. 23 - Sat. 28.....Niagara Falls p. 11

Mon. 30 - Wed. July 2.....Catskills p. 12

### July 2014

Thurs. 3 - Tues. 8.....1000 Islands p. 13

Wed. 9 - Mon. 14.....Lake George p. 13

Thurs. 10 - Wed. 16.....Toronto p. 14

Wed. 23 - Mon. 28.....Finger Lakes p. 16

Tues. 29 - Sun. August 3.....Lake George p. 16

### August 2014

Mon. 18 - Wed. 20.....Catskills p. 17

Mon. 18 - Thurs. 21.....Baseball Hall of Fame p. 17

Thurs. 21 - Tues. 26.....Niagara Falls p. 18

Fri. 22 - Wed. 27.....1000 Islands p. 18

Thurs. 28 - Tues. Sept. 2.....Lake George p. 18

### September 2014

Mon. 8 - Thurs. 11.....Dude Ranch p. 18

Thurs. 11 - Mon. 15.....Lake George p. 18

Fri. 12 - Sun. 14.....Catskills p. 19

Mon. 15 - Thurs. 18.....Baseball Hall of Fame p. 19

## Bridgeport, CT Departures

### May 2014

Tues. 27 - Thurs. May 29.....Mystic, CT p. 10

### June 2014

Fri. 13 - Mon. 16.....Boston p. 10

Fri. 20 - Wed. 25.....Cape Cod p. 11

### July 2014

Wed. 2 - Mon. 7.....Maine p. 12

Tues. 15 - Mon. 21.....Cape Cod p. 14

Thurs. 17 - Mon. 21.....New Hampshire p. 14

Wed. 23 - Sat. 26.....Mystic, CT p. 15

Wed. 30 - Sat. August 2.....Rhode Island p. 16

### August 2014

Tues. 12 - Mon. 18.....Cape Cod p. 17

Fri. 15 - Sun. 17.....Mystic, CT p. 17

### September 2014

Wed. 3 - Mon. 8.....Cape Cod p. 18

Thurs. 4 - Sun. 7.....Mystic, CT p. 18

Tues. 23 - Fri. 26.....Rhode Island p. 19

Wed. 24 - Sat. 27.....Boston p. 19

### October 2014

Fri. 17 - Sun. 19.....Mystic, CT p. 20

## Hartford, CT Departures

### June 2014

Mon. 2 - Thurs. 5.....Vermont p. 10

Mon. 16 - Fri. 20.....New England Farm p. 11

### July 2014

Mon. 28 - Thurs. 31.....Vermont p. 16

### September 2014

Tues. 16 - Fri. 19.....Berkshires & Big E Fair p. 19

### October 2014

Tues. 7 - Fri. 10.....Vermont p. 19

## Carteret, NJ Departures

### March 2014

Tues. 25 - Thurs. 27.....Atlantic City p. 8

### April 2014

Mon. 21 - Thurs. 24.....Washington, DC p. 8

Tues. 29 - Fri. May. 2.....Penn Dutch p. 9

### May 2014

Tues. 13 - Thurs. 15.....Atlantic City p. 9

### June 2014

Tues. 3 - Thurs. 5.....Philadelphia p. 10

Mon. 9 - Fri. 13.....Jersey Shore p. 10

### July 2014

Tues. 1 - Mon. 7.....Virginia Beach p. 12

Mon. 7 - Thurs. 10.....Washington, DC p. 13

Tues. 8 - Mon. 14.....Pittsburgh, PA p. 13

Tues. 15 - Thurs. 17.....Atlantic City p. 14

Fri. 18 - Mon. 21.....Penn Dutch p. 15

Fri. 18 - Wed. 23.....Baseball Road Trip p. 15

Wed. 23 - Mon. 28.....Ocean City & DE State Fair p. 15

Fri. 25 - Thurs. 31.....Virginia Beach p. 16

### August 2014

Wed. 6 - Sat. 9.....Penn Dutch p. 16

Mon. 11 - Wed. 13.....Atlantic City p. 16

Mon. 11 - Fri. 15.....Delaware Shore p. 17

Mon. 18 - Thurs. 21.....Philadelphia p. 17

Wed. 20 - Tues. 26.....Virginia Beach p. 17

Mon. 25 - Thurs. 28.....Penn Dutch p. 18

### September 2014

Wed. 3 - Fri. 5.....Atlantic City p. 18

Fri. 19 - Mon. 22.....Penn Dutch p. 19

### October 2014

Fri. 17 - Mon. 20.....Penn Dutch p. 20

Wed. 29 - Fri. 31.....Atlantic City p. 20

### November 2014

Mon. 3 - Thurs. 6.....Washington, DC p. 20

**All trips, except for slow pace and air travel trips, begin and end in NYC.**



## ATLANTIC CITY

TUESDAY MARCH 25 - THURSDAY MARCH 27  
COST: \$581.00 3 DAYS

We can sample all that the Atlantic City boardwalk has to offer, including mini golf, high-tech arcade excitement and plenty of souvenir shopping. Our evenings will be spent dining, enjoying a glitzy show, trying our luck at the slot machines and watching the high rollers in action.

THIS TRIP ALSO DEPARTS FROM CARTERET, NJ

## WASHINGTON, DC

MONDAY APRIL 21 - THURSDAY APRIL 24  
COST: \$804.00 4 DAYS

A visit to our nation's capital is always a popular getaway. Touring Washington, DC will give us the opportunity to visit many exciting sights, such as the Lincoln Memorial, Washington Monument, the Jefferson Memorial and the Smithsonian Institute. DC also features an array of diverse dining possibilities.

THIS TRIP ALSO DEPARTS FROM CARTERET, NJ

## ORLANDO DISNEY WORLD

WEDNESDAY APRIL 2 - TUESDAY APRIL 8  
COST: \$2,117.00 7 DAYS

Sprout heads to Orlando for this enchanted vacation. We shall find spectacular shows, thrilling rides and beloved Disney characters at the Magic Kingdom. The always fascinating movie-making magic of Disney Hollywood Studios and the interesting, interactive exhibits of Epcot are options for day-long excitement. We will also have time for shopping and swimming during our time in the Sunshine State. *Sprout will no longer be going to Sea World parks in support of animal welfare.*



## PHILADELPHIA

FRIDAY APRIL 25 - SUNDAY APRIL 27  
COST: \$566.00 WEEKEND

Philadelphia offers many attractions such as the Liberty Bell, Franklin Institute of Science, Independence Hall and Reading Market. Funky South Street with its great shops, restaurants and street performers will be an evening destination.

## PENN DUTCH

TUESDAY APRIL 29 - FRIDAY MAY 2

COST: \$782.00

4 DAYS

A tour of the charming Pennsylvania Dutch Country, the lush farming region of central Pennsylvania awaits us. In Lancaster we will visit the authentic Amish farms and shop at local markets. A full day of fun at Hershey Park, and a ride on the Strasburg Railroad are other possible activities for us to partake in. We will also enjoy the famous Shoofly pie at a popular smorgasbord restaurant.

THIS TRIP ALSO DEPARTS FROM CARTERET, NJ

## DUDE RANCH

MONDAY MAY 5 - THURSDAY MAY 8

COST: \$898.00

4 DAYS

A Dude Ranch located on hundreds of spectacular acres is our destination. There will be many activities to keep us busy: miniature golf, shuffleboard, hay rides, swimming, and tame horses, which will be provided for rides along scenic trails. At night we will enjoy music and dancing.

THIS TRIP ALSO DEPARTS FROM NEW PALTZ, NY

## ATLANTIC CITY

TUESDAY MAY 13 - THURSDAY MAY 15

COST: \$581.00

3 DAYS

See trip description on page 8.

THIS TRIP ALSO DEPARTS FROM CARTERET, NJ



**The cost of each trip is all-inclusive, covering:**

accommodations,  
transportation,  
accident coverage,  
all meals,  
supervision  
and activities.



## FLORIDA & BAHAMAS CRUISE

SATURDAY MAY 17 - SATURDAY MAY 24  
COST: \$2,090.00

8 DAYS

photo ID  
required

Come join us on this fantastic Norwegian cruise departing out of NYC. There will be three ports of call: Port Canaveral, FL; Nassau, Bahamas and Great Stirrup Cay – Norwegian's own private island. This is a great way to kick off the summer as we enjoy many of the available activities that the ship has to offer, including swimming, casinos, formal dining, world-class entertainment, karaoke and dancing.



## MYSTIC, CT

TUESDAY MAY 27 - THURSDAY MAY 29  
COST: \$590.00 3 DAYS

Mystic has a delightful waterfront area with an aquarium and souvenir shops. This fun vacation offers the charm of a quaint seaport and some great casino action. Foxwoods offers gambling, restaurants, shows, movies, shopping and other activities for everyone to enjoy.

THIS TRIP ALSO DEPARTS FROM BRIDGEPORT, CT

## VERMONT

MONDAY JUNE 2 - THURSDAY JUNE 5  
COST: \$824.00 4 DAYS

The many pleasures of small-town New England await us as we explore the Green Mountain State. We will take in beautiful alpine vistas and scenic covered bridges, shop at old-time general stores and plan on a tour of the Ben & Jerry's Ice Cream factory. We will also enjoy home-style restaurants.

THIS TRIP ALSO DEPARTS FROM HARTFORD, CT

## PHILADELPHIA

TUESDAY JUNE 3 - THURSDAY JUNE 5  
COST: \$566.00 3 DAYS

See trip description on page 8.

THIS TRIP ALSO DEPARTS FROM CARTERET, NJ

## POCONOS

MONDAY JUNE 9 - WEDNESDAY JUNE 11  
COST: \$556.00 3 DAYS

The Poconos offer endless fun and a tremendous variety of diversions, such as water parks, a pretzel factory, mini-golf and more. This popular tourist area is famous for its natural scenic beauty, 150 lakes, and many quaint, historical towns in the four county area.

## JERSEY SHORE

MONDAY JUNE 9 - FRIDAY JUNE 13  
COST: \$1,008.00 5 DAYS

Enjoy the beginning of summer with a tour of the beautiful Jersey Shore. Amusement parks, scenic boat rides, charming lighthouses and beach walks are all options for seaside fun. We can also spend a day enjoying the best of Atlantic City, from playing the slots to strolling the boardwalk.

THIS TRIP ALSO DEPARTS FROM CARTERET, NJ

## BOSTON

FRIDAY JUNE 13 - MONDAY JUNE 16  
COST: \$846.00 4 DAYS

Join Sprout for a classic tour of this fun and historic city. We will visit the shops and street performers of Quincy Market. A scenic trolley ride around Boston's historical districts or a trip to the fascinating Aquarium are other options available to us. During the evenings we'll take part in Boston's great nightlife.

THIS TRIP ALSO DEPARTS FROM BRIDGEPORT, CT

---

---

## NEW ENGLAND FARM

MONDAY JUNE 16 - FRIDAY JUNE 20

COST: \$1,066.00

5 DAYS

Escape to the beauty and fresh air of a New England farm. We will stay at a lovely inn on a working farm, complete with swimming pools, boating, hayrides, a game room and fine country dining. No farm would be complete without lots of barnyard animals, which we can pet and feed - hopefully even milk a cow or goat!

**THIS TRIP ALSO DEPARTS FROM HARTFORD, CT**

## LAKE GEORGE

WEDNESDAY JUNE 18 - SUNDAY JUNE 22

COST: \$989.00

5 DAYS

Lake George is a vacationer's paradise with theme parks, mini golf, souvenir stands, shopping outlets, restaurants and nightclubs. A boat cruise on the lake will allow us to enjoy the magnificent scenery in a leisurely manner. A weekly fireworks display adds to the festivities.

**THIS TRIP ALSO DEPARTS FROM NEW PALTZ, NY**

## CAPE COD

FRIDAY JUNE 20 - WEDNESDAY JUNE 25

COST: \$1,312.00

6 DAYS

Cape Cod has always been one of Sprout's most popular destinations. A whale-watching cruise or a summer league baseball game are other options for us to explore. A visit to Provincetown will provide us with a chance to visit many unique shops and restaurants.

**THIS TRIP ALSO DEPARTS FROM BRIDGEPORT, CT**

## NIAGARA FALLS

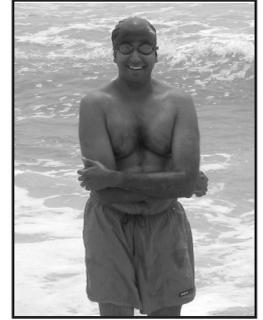
MONDAY JUNE 23 - SATURDAY JUNE 28

COST: \$1,224.00

6 DAYS

Western New York is the backdrop for this trip that celebrates the beauty of the world-famous Niagara Falls. The group will spend a full day exploring the Falls via an exhilarating boat ride. The thrilling Six Flags Amusement Park and a short scenic cruise on the historic Erie Canal are worthwhile detours.

**THIS TRIP ALSO DEPARTS FROM NEW PALTZ, NY**



*I love Sprout. I enjoy going to places I've never been before. I also enjoy meeting the counselors and making new friends. Thank God for Sprout. It's the greatest. Thank you for all that you have done for people like me. If it wasn't for Sprout, I don't know what I would do.*

participant





## **PENN DUTCH**

**TUESDAY JUNE 24 - FRIDAY JUNE 27**

**COST: \$782.00**

**4 DAYS**

See trip description on page 9.

## **OLD SONGS FESTIVAL**

**FRIDAY JUNE 27 - SUNDAY JUNE 29**

**COST: \$555.00**

**WEEKEND**

Taking place in upstate New York, this unique festival features talented performers from all over the world. We can dance along with Flamenco, Irish, Bluegrass and Country music. We will also enjoy a variety of craft and food booths at this wonderful and memorable event.

## **CLEVELAND**

**FRIDAY JUNE 27 - THURSDAY JULY 3**

**COST: \$1,509.00**

**7 DAYS**

It's off to the Magical Midwest for this memorable adventure. The Rock and Roll Hall of Fame, which features seven floors and five theaters for films, is alive with the energy, passion and spirit of music. The Great Lakes Science Center gets fun down to a science with interactive exhibits and a six-story OMNIMAX Theater. We will visit the amazing Cedar Point Amusement Park with its seventeen rollercoasters and the unique and entertaining Metroparks Zoo. In the evenings, we can head to the Flats area for dining, dancing and fun.

## **CATSKILLS**

**MONDAY JUNE 30 - WEDNESDAY JULY 2**

**COST: \$599.00**

**3 DAYS**

The Catskills area of Upstate New York is known as a very popular vacation getaway. A visit to the historic artsy town of Woodstock will be a memorable and unique experience. **THIS TRIP ALSO DEPARTS FROM NEW PALTZ, NY**

## **VIRGINIA BEACH**

**TUESDAY JULY 1 - MONDAY JULY 7**

**COST: \$1,465.00**

**7 DAYS**

The sand and surf await us. Busch Gardens theme park, one of the many options on this trip, will yield many thrilling rides and shows. The boardwalk offers boating, seaside dining and live music. A stopover in Washington, DC will also be included. **THIS TRIP ALSO DEPARTS FROM CARTERET, NJ**

## **MAINE**

**WEDNESDAY JULY 2 - MONDAY JULY 7**

**COST: \$1,336.00**

**6 DAYS**

We can explore picturesque towns filled with craft stores and art exhibits. Other options include York Beach, Ogunquit, enjoying a boat trip and attending a film festival. The town of Kittery is the number one shopping destination in New England and America's Maine Street for outlet shopping! We will also have the opportunity to indulge in lovely seaside dining, explore the New England nightlife and go sight-seeing along the scenic coastline.

**THIS TRIP ALSO DEPARTS FROM BRIDGEPORT, CT**

---

---

## 1000 ISLANDS

THURSDAY JULY 3 - TUESDAY JULY 8

COST: \$1,211.00

6 DAYS

The New York - Canadian border is the setting for this lovely excursion. We will enjoy a scenic boat cruise offering such sights as Boldt Castle and the International Bridge. A visit to the popular tourist town of Clayton will give us a chance to browse through the many craft and souvenir shops. Evenings will be spent exploring and savoring the local scene.

THIS TRIP ALSO DEPARTS FROM NEW PALTZ, NY

## WASHINGTON, DC

MONDAY JULY 7 - THURSDAY JULY 10

COST: \$804.00

4 DAYS

See trip description on page 8.

THIS TRIP ALSO DEPARTS FROM CARTERET, NJ

## PITTSBURGH, PA

TUESDAY JULY 8 - MONDAY JULY 14

COST: \$1,546.00

7 DAYS

The pleasure of Pittsburgh is a well-kept secret. The city's unique combination of bridges, hills, and broad rivers make it one of the most naturally scenic cities in the country. Pittsburgh is home to many wonderful attractions, including The Carnegie Museum, the Pittsburgh Zoo, the PPG Aquarium and the Andy Warhol Museum. There are great restaurants and shops in the various districts and neighborhoods.

THIS TRIP ALSO DEPARTS FROM CARTERET, NJ

## LAKE GEORGE

WEDNESDAY JULY 9 - MONDAY JULY 14

COST: \$1,163.00

6 DAYS

See trip description on page 11.

THIS TRIP ALSO DEPARTS FROM NEW PALTZ, NY



*My client took a Sprout trip and vacationed away from home for the first time. We are so grateful that you provided such a wonderful, safe, and memorable experience for him.*

case manager





## TORONTO

THURSDAY JULY 10 - WEDNESDAY JULY 16

COST: \$1,585.00 7 DAYS

A diverse and dynamic city, Toronto offers a wealth of fun activities. Thrill seekers will enjoy Canada's Wonderland amusement park and an elevator ride to the top of the high-rise CN Tower. Other sight-seeing options include the Toronto Zoo, a ferry ride to nearby beaches and internationally flavored street fairs. We will also spend a day exploring Niagara Falls, one of the world's great natural wonders.

THIS TRIP ALSO DEPARTS FROM NEW PALTZ, NY

## NEW HOPE

FRIDAY JULY 11 - SUNDAY JULY 13

COST: \$607.00 WEEKEND

New Hope is a charming village located just over the New Jersey border in Pennsylvania. There are many activities to partake in, including a picturesque old-fashioned mule drawn barge ride on the Delaware Canal, and a scenic railroad ride. There are plenty of shops to browse through and cafes offering live music in this quaint town.

## ATLANTIC CITY

TUESDAY JULY 15 - THURSDAY JULY 17

COST: \$581.00 3 DAYS

See trip description on page 8.

THIS TRIP ALSO DEPARTS FROM CARTERET, NJ

## CAPE COD

TUESDAY JULY 15 - MONDAY JULY 21

COST: \$1,496.00 7 DAYS

See trip description on page 11.

THIS TRIP ALSO DEPARTS FROM BRIDGEPORT, CT

## NEW HAMPSHIRE

THURSDAY JULY 17 - MONDAY JULY 21

COST: \$1,019.00 5 DAYS

We will head to this beautiful New England state that has both scenic coastlines and impressive mountain ranges. There will be the opportunity to take a train ride and visit scenic Mount Washington. As always, we will enjoy a variety of restaurants and find some great shopping opportunities in towns like Manchester and Portsmouth.

THIS TRIP ALSO DEPARTS FROM BRIDGEPORT, CT

## PENN DUTCH

FRIDAY JULY 18 - MONDAY JULY 21

COST: \$782.00

4 DAYS

See trip description on page 9.

THIS TRIP ALSO DEPARTS FROM CARTERET, NJ

## BASEBALL ROAD TRIP

FRIDAY JULY 18 - WEDNESDAY JULY 23

COST: \$1,193.00

6 DAYS

This trip features exciting action from both leagues as we visit Philadelphia and Baltimore. We will catch thrilling games at the new Citizens Bank Park, home of the up-and-coming Phillies, and Baltimore's Oriole Park at Camden Yards. While in Baltimore we will also visit the Babe Ruth Museum which celebrates the life of this baseball legend.

THIS TRIP ALSO DEPARTS FROM CARTERET, NJ

## MYSTIC, CT

WEDNESDAY JULY 23 - SATURDAY JULY 26

COST: \$787.00

4 DAYS

See trip description on page 10.

THIS TRIP ALSO DEPARTS FROM BRIDGEPORT, CT

## OCEAN CITY & DELAWARE STATE FAIR

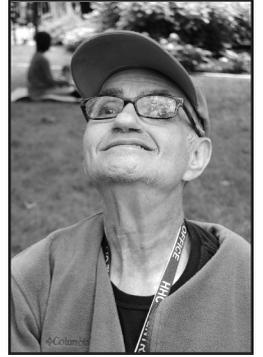
WEDNESDAY JULY 23 - MONDAY JULY 28

COST: \$1,223.00

6 DAYS

Spectacular beaches, a lively boardwalk and fantastic amusement parks await us on this tour of the coast of Maryland. In the evenings we can enjoy Ocean City's great nightlife, including live music, dancing and karaoke. This trip will also include a visit to the Delaware State Fair, featuring tasty food, thrilling rides, carnival games and amusements.

THIS TRIP ALSO DEPARTS FROM CARTERET, NJ



*As parents we feel  
our son is in capable  
and caring hands.  
We send him off for  
fun and recreation  
and we can relax  
knowing he is having  
a great and safe time.*

parent





## FINGER LAKES

WEDNESDAY JULY 23 - MONDAY JULY 28  
COST: \$1,208.00 6 DAYS

The Finger Lakes, a chain of lakes in upstate New York, is an ideal vacation destination, drawing people to the natural beauty of the region. An unforgettable ride on the the historic Finger Lakes Scenic Railroad as it crisscrosses the region is a must. Tour a museum, go shopping, visit a zoo, explore a farm, check out a local festival, ... finding something to please everyone is easy. The hardest part will be narrowing down our choices!

THIS TRIP ALSO DEPARTS FROM NEW PALTZ, NY

## VIRGINIA BEACH

FRIDAY JULY 25 - THURSDAY JULY 31  
COST: \$1,465.00 7 DAYS

See trip description on page 12.

THIS TRIP ALSO DEPARTS FROM CARTERET, NJ

## VERMONT

MONDAY JULY 28 - THURSDAY JULY 31  
COST: \$824.00 4 DAYS

See trip description on page 10.

THIS TRIP ALSO DEPARTS FROM HARTFORD, CT

## LAKE GEORGE

TUESDAY JULY 29 - SUNDAY AUGUST 3  
COST: \$1,163.00 6 DAYS

See trip description on page 11.

THIS TRIP ALSO DEPARTS FROM NEW PALTZ, NY

## RHODE ISLAND

WEDNESDAY JULY 30 - SATURDAY AUGUST 2  
COST: \$758.00 4 DAYS

The "Ocean State" is a wonderful summer destination. We will tour the resort town of Newport, enjoying souvenir shopping and stately mansions. A scenic boat tour, outdoor concerts and excellent dining are also on the agenda. Side trips to Boston or Foxwoods Casino are other options.

THIS TRIP ALSO DEPARTS FROM BRIDGEPORT, CT

## PENN DUTCH

WEDNESDAY AUGUST 6 - SATURDAY AUGUST 9  
COST: \$782.00 4 DAYS

See trip description on page 9.

THIS TRIP ALSO DEPARTS FROM CARTERET, NJ

## ATLANTIC CITY

MONDAY AUGUST 11 - WEDNESDAY AUG. 13  
COST: \$581.00 3 DAYS

See trip description on page 8.

THIS TRIP ALSO DEPARTS FROM CARTERET, NJ

## POCONOS

MONDAY AUGUST 11 - THURSDAY AUG. 14  
COST: \$741.00 4 DAYS

See trip description on page 10.

## DELAWARE SHORE

MONDAY AUGUST 11 - FRIDAY AUGUST 15  
COST: \$969.00 5 DAYS

Delaware offers great beaches and boardwalk amusements for everyone to enjoy. We will explore all this seaside area has to offer: great restaurants, nightlife, live music, shopping and miniature golf.  
THIS TRIP ALSO DEPARTS FROM CARTERET, NJ

## CAPE COD

TUESDAY AUGUST 12 - MONDAY AUGUST 18  
COST: \$1,496.00 7 DAYS

See trip description on page 11.  
THIS TRIP ALSO DEPARTS FROM BRIDGEPORT, CT

## MYSTIC, CT

FRIDAY AUGUST 15 - SUNDAY AUGUST 17  
COST: \$590.00 WEEKEND

See trip description on page 10.  
THIS TRIP ALSO DEPARTS FROM BRIDGEPORT, CT

## CATSKILLS

MONDAY AUGUST 18 - WEDNESDAY AUGUST 20  
COST: \$599.00 3 DAYS

See trip description on page 12.  
THIS TRIP ALSO DEPARTS FROM NEW PALTZ, NY

## PHILADELPHIA

MONDAY AUGUST 18 - THURSDAY AUGUST 21  
COST: \$789.00 4 DAYS

See trip description on page 8.  
THIS TRIP ALSO DEPARTS FROM CARTERET, NJ

## BASEBALL HALL OF FAME

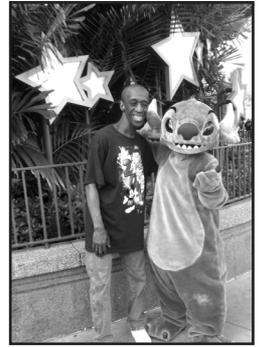
MONDAY AUGUST 18 - THURSDAY AUGUST 21  
COST: \$761.00 4 DAYS

We're off to Cooperstown, located in upstate NY, to view their extensive collection of baseball memorabilia, stopping to admire the plaques of our favorite legends, and browse through the fabulous gift shop. Another highlight is the multimedia presentation in the Grandstand Theater which tells the story of the game's long and winding history.  
THIS TRIP ALSO DEPARTS FROM NEW PALTZ, NY

## VIRGINIA BEACH

WEDNESDAY AUGUST 20 - TUESDAY AUGUST 26  
COST: \$1,465.00 7 DAYS

See trip description on page 12.  
THIS TRIP ALSO DEPARTS FROM CARTERET, NJ



*My consumer just came back from your vacation. She said, "I'm in heaven." She was teary-eyed when she got off the bus, because she didn't want to leave, and said it was the best vacation she ever went on. Just wanted to let you know that you made someone feel like she went to heaven!*

residential coordinator





## NIAGARA FALLS

THURSDAY AUGUST 21 - TUESDAY AUGUST 26  
COST: \$1,224.00 6 DAYS

See trip description on page 11.  
THIS TRIP ALSO DEPARTS FROM NEW PALTZ, NY

## 1000 ISLANDS

FRIDAY AUGUST 22 - WEDNESDAY AUGUST 27  
COST: \$1,211.00 6 DAYS

See trip description on page 13.  
THIS TRIP ALSO DEPARTS FROM NEW PALTZ, NY

## PENN DUTCH

MONDAY AUGUST 25 - THURSDAY AUGUST 28  
COST: \$782.00 4 DAYS

See trip description on page 9.  
THIS TRIP ALSO DEPARTS FROM CARTERET, NJ

## LAKE GEORGE

THURSDAY AUGUST 28 - TUESDAY SEPTEMBER 2  
COST: \$1,163.00 6 DAYS

See trip description on page 11.  
THIS TRIP ALSO DEPARTS FROM NEW PALTZ, NY

## ATLANTIC CITY

WEDNESDAY SEPTEMBER 3 - FRIDAY SEPTEMBER 5  
COST: \$581.00 3 DAYS

See trip description on page 8.  
THIS TRIP ALSO DEPARTS FROM CARTERET, NJ

## CAPE COD

WEDNESDAY SEPTEMBER 3 - MONDAY SEPT. 8  
COST: \$1,312.00 6 DAYS

See trip description on page 11.  
THIS TRIP ALSO DEPARTS FROM BRIDGEPORT, CT

## MYSTIC, CT

THURSDAY SEPTEMBER 4 - SUNDAY SEPT. 7  
COST: \$787.00 4 DAYS

See trip description on page 10.  
THIS TRIP ALSO DEPARTS FROM BRIDGEPORT, CT

## DUDE RANCH

MONDAY SEPTEMBER 8 - THURSDAY SEPT. 11  
COST: \$898.00 4 DAYS

See trip description on page 9.  
THIS TRIP ALSO DEPARTS FROM NEW PALTZ, NY

## POCONOS

TUESDAY SEPTEMBER 9 - THURSDAY SEPT. 11  
COST: \$556.00 3 DAYS

See trip description on page 10.

## LAKE GEORGE

THURSDAY SEPTEMBER 11 - MONDAY SEPT. 15  
COST: \$989.00 5 DAYS

See trip description on page 11.  
THIS TRIP ALSO DEPARTS FROM NEW PALTZ, NY

## CATSKILLS

FRIDAY SEPTEMBER 12 - SUNDAY SEPTEMBER 14  
COST: \$576.00 WEEKEND

See trip description on page 12.

## BASEBALL HALL OF FAME

MONDAY SEPT. 15 - THURSDAY SEPT. 18  
COST: \$761.00 4 DAYS

We're off to Cooperstown, located in upstate NY, to view their extensive collection of baseball memorabilia, stopping to admire the plaques of our favorite legends, and browse through the fabulous gift shop. Another highlight is the multimedia presentation in the Grandstand Theater which tells the story of the game's long and winding history.

THIS TRIP ALSO DEPARTS FROM NEW PALTZ, NY

## BERKSHIRES & BIG E FAIR

TUESDAY SEPTEMBER 16 - FRIDAY SEPT. 19  
COST: \$787.00 4 DAYS

A fantastic time of year to get away to the colorful Berkshire region of New England. The "Big E" features live entertainment, a circus show, rides, crafts, parades, food from around the world and much, much more.

THIS TRIP ALSO DEPARTS FROM HARTFORD, CT

## ORLANDO & DISNEY WORLD



photo ID  
required

THURSDAY SEPTEMBER 18 - WEDNESDAY SEPT. 24  
COST: \$2,159.00 7 DAYS

See trip description on page 8.

## PENN DUTCH

FRIDAY SEPTEMBER 19 - MONDAY SEPTEMBER 22  
COST: \$782.00 4 DAYS

See trip description on page 9.

THIS TRIP ALSO DEPARTS FROM CARTERET, NJ

## RHODE ISLAND

TUESDAY SEPTEMBER 23 - FRIDAY SEPTEMBER 26  
COST: \$758.00 4 DAYS

See trip description on page 16.

THIS TRIP ALSO DEPARTS FROM BRIDGEPORT, CT

## BOSTON

WEDNESDAY SEPT. 24 - SATURDAY SEPT. 27  
COST: \$846.00 4 DAYS

See trip description on page 10.

THIS TRIP ALSO DEPARTS FROM BRIDGEPORT, CT

## VERMONT

TUESDAY OCTOBER 7 - FRIDAY OCTOBER 10  
COST: \$824.00 4 DAYS

See trip description on page 10.

THIS TRIP ALSO DEPARTS FROM HARTFORD, CT



## BERMUDA CRUISE

passport  
required

SUNDAY SEPTEMBER 28 - SUNDAY OCTOBER 5  
COST: \$2,156.00 8 DAYS

The gorgeous island of Bermuda is the destination of this fun-filled Norwegian cruise departing from NYC. What will be our favorite part of this cruise? The fine dining? Live entertainment? Casino action? Swimming and poolside relaxation? The ship's ice-skating rink? The shops and beaches of Bermuda? We will enjoy all of this and more on this lovely vacation at sea.



## MYSTIC, CT

FRIDAY OCTOBER 17 - SUNDAY OCTOBER 19

COST: \$590.00

WEEKEND

See trip description on page 10.

THIS TRIP ALSO DEPARTS FROM BRIDGEPORT, CT

## PENN DUTCH

FRIDAY OCTOBER 17 - MONDAY OCTOBER 20

COST: \$782.00

4 DAYS

See trip description on page 9.

THIS TRIP ALSO DEPARTS FROM CARTERET, NJ

## NASHVILLE & MEMPHIS



photo ID required

TUESDAY OCTOBER 21 - MONDAY OCTOBER 27

COST: \$1,917.00

7 DAYS

First we'll fly to Nashville to visit the Country Music Hall of Fame and hear some fine country music at the celebrated Grand Old Opry. Next, it's on to Memphis, where a pilgrimage to the Graceland Mansion and the Elvis Museum is a perfect way to show your dedication to the "King."

## HALLOWEEN WEEKEND

FRIDAY OCTOBER 24 - SUNDAY OCTOBER 26

COST: \$562.00

WEEKEND

An autumn getaway in upstate New York! We will take advantage of the season to shop for pumpkins, browse through farm stands, and possibly check out a local haunted house.

## ATLANTIC CITY

WEDNESDAY OCTOBER 29 - FRIDAY OCTOBER 31

COST: \$581.00

3 DAYS

See trip description on page 8.

THIS TRIP ALSO DEPARTS FROM CARTERET, NJ

## WASHINGTON, DC

MONDAY NOVEMBER 3 - THURSDAY NOV. 6

COST: \$804.00

4 DAYS

See trip description on page 8.

THIS TRIP ALSO DEPARTS FROM CARTERET, NJ

## ORLANDO & DISNEY WORLD



photo ID required

TUESDAY NOVEMBER 11 - MONDAY NOVEMBER 17

COST: \$2,159.00

7 DAYS

See trip description on page 8.



## HAMBURG, GERMANY



photo ID required

WEDNESDAY OCTOBER 8 - WEDNESDAY OCTOBER 15

COST: \$3,560.00

8 DAYS

Sprout is heading to Germany's second largest city for the first time! The city has Germany's largest maritime port. Hamburg's maritime roots set the tone for the sights and sounds of this trip. We shall take a harbor cruise and visit Miniatur-Wonderland, a mini world of trains and alps. We'll explore the history and culture of this cosmopolitan city while also shopping and dining.



## SOUTHERN CALIFORNIA

photo ID  
required

WEDNESDAY NOVEMBER 19 - TUESDAY NOVEMBER 25  
COST: \$2,190.00 7 DAYS

Sprout heads to beautiful SoCal for some fun in the sun. We will visit Disneyland for a fun-filled day with rides, shows and excitement. Sightseeing options include Hollywood, Venice Beach and Beverly Hills. We will also spend a couple of days in San Diego where we can visit the San Diego Zoo and the Gas Lamp Quarter.

## ORLANDO & DISNEY WORLD

photo ID  
required

WEDNESDAY DECEMBER 3 - TUESDAY DEC. 9  
COST: \$2,159.00 7 DAYS

See trip description on page 8.

## BETHLEHEM, PA

FRIDAY DECEMBER 12 - SUNDAY DECEMBER 14  
COST: \$587.00 WEEKEND

Just in time for the holidays, we will go to Bethlehem to enjoy the Christkindlmarkt, a market of handmade crafts, delicious foods and holiday entertainment. We'll may also visit the local casino and take a train ride.



## CANCUN, MEXICO

photo ID  
required

THURSDAY JANUARY 22 - WEDNESDAY JANUARY 28, 2015  
COST: \$2,285.00 7 DAYS

A Mexican fiesta with Mayan ruins and wonderful shopping awaits us! Sprout will stay at a fantastic all-inclusive resort. While there, a boat ride to Isla de las Mujeres offers us a day of sun and fun. Famous for its nightlife, we'll choose from a host of discos and restaurants.

---

---

# slower paced trips

specifically designed for participants who require greater assistance

- ✦ The trip destinations, activities and accommodations have been selected for travelers seeking a slower, more supportive vacation.
- ✦ Our goal is to offer an array of exciting vacations with increased assistance and support, in which participants can enjoy activities at a more relaxed pace.
- ✦ A higher ratio of leaders to participants will be provided to assist participants with the unique challenges of travel.
- ✦ These trips are specifically selected so that the majority of the activities will be on sight, with limited amount of physical activity required.



*It is nice to know that our folks are getting the same high level of service on vacation as they get at home. They talk for months about the positive friendships they have made.*

residential coordinator



## CATSKILLS

MONDAY AUGUST 4 - THURSDAY AUGUST 7

COST: \$1,100.00

4 DAYS

We're heading to one of our favorite resorts in the Catskill Mountains of Upstate New York. During our stay, we will have the opportunity to partake in many fun activities such as arts and crafts, movies, bingo, swimming and karaoke. The resort offers delicious meals and comfortable accommodations with private baths.

*This trip will offer meeting locations in Manhattan and at the resort in the Catskills.*



---

---

## CANADA CRUISE

passport:  
required

THURSDAY AUGUST 28 - MONDAY SEPTEMBER 1

COST: \$1,259.00

5 DAYS

Set sail from New York City on the Carnival “Splendor”. We will visit the nearly 400 year-old harbor town of Saint John, New Brunswick as we sail up the New England coast. The Bay of Fundy has reverse waterfalls, sea caves and cliffs and is home to a variety of fascinating marine life. During our time onboard, we will partake in many of the activities that the “Splendor” has to offer, including great food, a comedy club, a casino, dance clubs, swimming, live entertainment, karaoke, a video arcade and mini-golf.

*This cruise will meet at the Cruise Ship Terminal in Midtown Manhattan.*



## CRUISE TO NOWHERE

FRIDAY NOVEMBER 7 - SUNDAY NOVEMBER 9

COST: \$645.00

WEEKEND

Leave all of your cares on land and slip away for Sprout’s first Cruise to Nowhere.

Enjoy dinner and dancing, take in a show, sing karaoke, try to win big in the casino or just rest and relax. There are many dining options, a casual atmosphere and top notch entertainment on the Norwegian “Gem.” This cruise ship will go out to sea with no ports-of-call.

*This cruise will meet at the Cruise Ship Terminal in Midtown Manhattan.*

# sprout leaders

*I can't begin to describe how valuable this experience has been for me.*

sprout leader



*Due to the energetic, caring Sprout leaders, our consumers return home with memories of happy times, acceptance and new friends made.*

service coordinator



*This was absolutely the BEST experience in my life. Sprout has taught me so much about myself, people, and how to be kind and giving.*

sprout leader

To offer safe and enjoyable vacations to those who could not otherwise travel alone, Sprout relies on the talents, creativity and hard work of its leaders.



The leadership team is the most important element in the success of any Sprout trip. Leaders are trained in safety, group dynamics, trip logistics and the philosophy of the organization. Leaders are selected for their ability to achieve the goals of the organization.



Sprout involves many people from different origins, who work together respectfully and beneficially to provide unique perspectives and excitement to each trip. What our leaders have in common is a deep concern for and desire to work with and help people with special needs.



*If you are interested in more information on leadership please visit [www.gosprouit.org](http://www.gosprouit.org) or contact Megan Brayton at [megan@gosprouit.org](mailto:megan@gosprouit.org)*

# new york city programs

Through contracts with the New York State OPWDD, Sprout offers the following programs for people with developmental disabilities living with family.

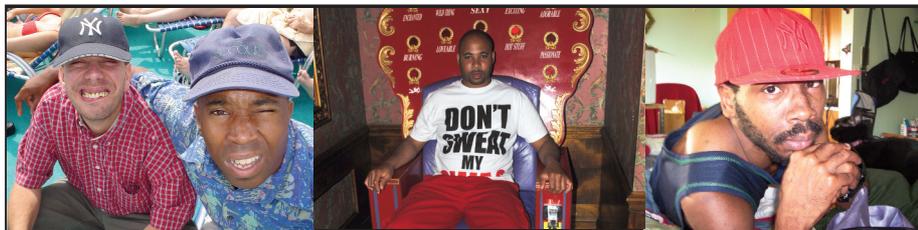
**The New York City Day and Evening Program** offers educational, recreational and cultural activities on weekday evenings and weekends. All participants must be 16 years of age or older, ambulatory and reside within the boroughs of Brooklyn, Manhattan or Queens. Outings vary in cost.



**The School Holiday Vacation Program** is for young adults, 14-21 years of age with developmental disabilities who reside within Brooklyn and Manhattan. The program offers 5-day vacations during the NYC Public School winter and spring breaks at no cost to the participants.



**The Staten Island Program** is a 5-day (Monday - Friday) vacation for persons 16 years of age and older with developmental disabilities residing within the borough of Staten Island. The vacation takes place every summer in the Catskill Mountains located in upstate New York and is of no cost to the participants.



**The Weekend Vacation Program** provides adults 22 years of age and older, with developmental disabilities and residing within the boroughs of Brooklyn, Manhattan and Queens a weekend (Friday - Sunday) vacation. The trips go to various locations and are of no cost to the participants.



*The Sprout Vacation Program trips are wonderful opportunities for our students. For most of them this has been the first time they were away from their families, stayed in a hotel and travelled out of New York. It has opened up the whole world to them.*

Joan Reese,  
NYC Board of Education  
District 75

*I wish I can be on a Sprout trip all the time.*  
participant

# terms and regulations

**COST OF THE TRIP** - Unless otherwise noted in the trip write-up, the price of a trip includes all meals, accommodations, transportation, accident coverage, supervision and activities. The price does not include personal spending money or incidental expenditures. Any incidental expenditures incurred by a participant while on a trip are the responsibility of the participant and must be reimbursed to Sprout within 30 days of invoice receipt. All trip prices and itineraries are subject to change due to factors beyond Sprout's control.

## **PAYMENT AND DEPOSIT**

**SCHEDULE** - To reserve a place on any trip, a deposit of fifty per cent (50%) of the total trip price is necessary. No reservation will be confirmed until a deposit is received. **The balance due is payable up to 28 days prior to the scheduled trip departure date. If final payment is not received by such time, the full deposit will be forfeited and the reservation will be lost.** Registrations submitted within 28 days of departure date must be accompanied by full payment.

## **PARTICIPANT INFORMATION**

**FORM (PIF)** - To participate on any trip with Sprout, a Participant Information Form must be fully completed and submitted to our office with a current psychosocial or psychological report no less than 30 days prior to trip commencement. Sprout reserves the right to deny admission to any applicant we deem unsuitable to the program.

## **TRANSFERS & CANCELLATIONS**

A transfer is defined as cancelling off of one trip and registering onto an alternate trip. All transfers and cancellations must be received in writing. Sprout can not be held responsible for transfers or cancellations not received in writing.

The following refunds relate to ALL transfers/cancellations, regardless of the reason (health, psychological, etc.).

1. For transfers/cancellations made 35 or more days before departure date, all money received will be refunded minus \$50.00 and the cost of any pre-purchased tickets.
  2. For transfers/cancellations made between 14 - 34 days before departure date, all money received except one half of the total trip cost will be refunded.
  3. For transfers/cancellations made less than 14 days before departure date and for no-shows, no refund will be issued.
- For trips using cruise ships or air transportation: transfers/cancellations may be subject to stricter penalties.**

**SUBSTITUTIONS** - A substitution is defined as one participant being replaced by another, prior to trip departure.

The following refunds relate to ALL substitutions, regardless of the reason (health, psychological, etc.).

1. Arrangements must be made at least

one week prior to the trip departure.

2. All persons must be deemed suitable to participate on trip.

3. Substitutions are contingent upon travel restrictions.

4. Additional costs may be incurred and must be paid three days prior to trip departure.

## **ACCIDENT COVERAGE**

Each Sprout participant is covered by Sprout accident coverage at Sprout's expense. Sickness and transportation are not covered. Coverage is subject to the following limitations: \$500.00 medical expenses due to accident, including \$100.00 dental expenses due to accident to sound teeth. Any expense over \$500.00 shall not be covered.

## **CHECK-INS / CHECK-OUTS**

To ensure the pleasure and safety of our participants, we ask that a staff/parent accompany each participant to check-in the participant at the trip meeting location. This person should be prepared to meet with the trip leaders and discuss medication and any other pertinent information. Additionally, at the end of the trip, a staff person/parent should meet the participant at the pre-arranged meeting location for check-out and to receive any leftover medications, spending money or other relevant materials. We must be notified at least two weeks prior to trip departure regarding any special arrangements.

**LATENESS** - Because of the great inconvenience to all involved, prompt drop-offs and pick-ups are of utmost importance.

**CHECK-IN:** Sprout will delay a trip's departure for a maximum of 30 minutes for any late arriving participant. Beyond this time, a participant who misses a trip due to lateness will forfeit all monies paid.

**CHECK-OUT:** For safety reasons, Sprout must provide staff until all participants have been picked up. Any expenses incurred by Sprout due to a late pick-up, including, but not limited to, increased staff costs, additional meals, communication costs and transportation costs, will be the liability of the participant and must be paid in full to Sprout within 30 days of invoice receipt.

**CONDUCT** - Sprout reserves the right to expel any participant from a trip for any lawful reason, including, but not limited to, violation of Sprout rules, conduct detrimental to him/herself, other participants, the general public, or Sprout agents or employees. Any expenses incurred by Sprout due to either property damage by a participant (repairing, cleaning or replacement charges) or the expulsion of a participant, including, but not limited to, increased transportation, accommodation and communication costs, will be the responsibility of the participant and must be paid in full to Sprout within thirty (30) days of invoice receipt.

**SUPERVISION** - Sprout provides three leaders for each group of 10-11 participants. Sprout reserves the right to alter this ratio based on actual group size, trip location or specific circumstances. Sprout does not offer 24 hour, in-room supervision. Sprout leaders will supervise the group during daily activities as well as during normal awake hours at the lodging. Sprout leaders do not sleep in the rooms with participants, however, the leaders' room will be centrally located and easily accessible to all participants.

**MEDICATION** - All medication must be blister-packed and clearly labeled with the participant's name, type of medication, dosage and times of medication. Liquids, drops, creams or inhalants should be sent in their original container with clear instructions. Any participant who arrives with medications not packed according to these specifications may not be allowed to go on the trip. All additional equipment, such as blood pressure monitors, must be provided by the participant. A medication master sheet is required for all participants (including those that are self-medicating) traveling. **Sprout does not perform blood sugar testing. Insulin dependent participants, who are not fully independent, will no longer be accepted on Sprout trips.**

## **TRAVEL DOCUMENTS**

**For all trips:** It is highly recommended that all persons have appropriate photo identification for all trips.

**For travel outside of the US:** Any person traveling outside of the United States or its municipalities is responsible for providing his or her own travel documents and passport. All participants must have a valid passport to travel outside of the United States.

**For all trips using air transportation and on cruise trips:** All persons using air travel, must have a state-issued photo ID. It is highly recommended that all persons registering for air travel or cruise trips, **send in a photocopy of their passport or identification card that is intended for T.S.A./security when registering for your Sprout trip.**

**Additional info:** Non-U.S. citizens are responsible for checking with U.S. or foreign authorities to determine and arrange for the proper paperwork. No refund will be issued if a participant is refused boarding due to lack of proper identification.

**LOST ITEMS / SPENDING MONEY** - Sprout is not responsible for any items lost or discrepancies in spending money during a participant's trip.

**TRAVELER'S INSURANCE** - Sprout does not provide traveler's insurance to cover trip cost cancellation penalties. If you need any help in attaining traveler's insurance, please contact your travel agent or the Sprout office.

# registration procedure

Please follow these easy steps:

**ONE:** Complete both sides of the adjacent registration form. Read and sign the agreement and mail it to Sprout along with a 50% deposit of the trip cost for each trip you would like to take. Make sure you have chosen a departure point that is being offered for your trip. Not all trips offer the same departure options.

**TWO:** All first-time travelers with Sprout must have a psychosocial report or psychological evaluation and a completed Sprout Participant Information Form submitted to and approved by Sprout in order to register for a trip. Sprout may request updated and/or additional information from all participants.

**THREE:** When we receive your registration form and deposit, we will send you a letter confirming the trip you are registered for and notify you of your remaining balance. Payment of your final balance is due no later than 28 days before the trip departure date.

**FOUR:** Two weeks prior to the departure date, a Trip Information Sheet will be sent to you with the exact meeting time and location, accommodations, a packing list and other related information.

Please make your check or money order payable to **Sprout** and return to:

**sprout**

270 West 96th Street  
New York, NY 10025

If you have any questions about the registration process, please contact our office.



# registration form

PART I - PLEASE COMPLETE BOTH SIDES

name: \_\_\_\_\_

address: \_\_\_\_\_

city: \_\_\_\_\_

state: \_\_\_\_\_ zip: \_\_\_\_\_

phone: \_\_\_\_\_

agency: \_\_\_\_\_

contact person: \_\_\_\_\_

address: \_\_\_\_\_

email: \_\_\_\_\_

day phone: \_\_\_\_\_ eve. \_\_\_\_\_

cell: \_\_\_\_\_

Have you traveled with Sprout before?  yes  no

## TRIP PREFERENCES

List the trips you would like to register for. Make sure that you have chosen a departure point that is offered for your trip. Spaces on trips fill up quickly. Please list alternate dates and/or trips.

Trip Name: \_\_\_\_\_

Dates: \_\_\_\_\_ Cost: \_\_\_\_\_

### DEPARTURE POINT, PLEASE CHECK BOX:

New York City  Carteret, NJ   
Hartford, CT  Bridgeport, CT  New Paltz, NY

Trip Name: \_\_\_\_\_

Dates: \_\_\_\_\_ Cost: \_\_\_\_\_

### DEPARTURE POINT, PLEASE CHECK BOX:

New York City  Carteret, NJ   
Hartford, CT  Bridgeport, CT  New Paltz, NY

Trip deposit amount enclosed: \_\_\_\_\_

Tax-deductible donation: \_\_\_\_\_

TOTAL ENCLOSED: \_\_\_\_\_

**AGREEMENT:** I understand that **trips are not confirmed** until all documentation is submitted and approved by Sprout and a 50% deposit for each trip has been received. I have read and agree to the Terms & Regulations contained herein governing all trips sponsored by Sprout.

SIGNATURE OF PARTICIPANT OR GUARDIAN

DATE

over please

# registration form

## part two

It is extremely important that we are able to contact someone in case of an emergency during this participant's trip.

Please fill out the following contact information for the person to be reached **24 hours** during the dates the participant is on his/her trip:

contact person: \_\_\_\_\_

address: \_\_\_\_\_

city: \_\_\_\_\_

state: \_\_\_\_\_ zip: \_\_\_\_\_

phone: \_\_\_\_\_

or

agency: \_\_\_\_\_

relation to participant: \_\_\_\_\_

email address: \_\_\_\_\_

cell phone: \_\_\_\_\_

day phone: \_\_\_\_\_

eve. phone: \_\_\_\_\_

notes:

# help support sprout

Your donations are tax-deductible and much appreciated.

Donations to Sprout are used to enhance current programming and to help develop innovative projects such as the following:

Sprout's **Make-A-Movie Program** offers our participants the opportunity to be part of creative video-making.

**Slower Paced Trips** are designed specifically for travelers seeking a slower, more supportive vacation.

The **Sprout Film Festival**, the **Sprout Touring Film Festival** and **sproutflix** celebrate and promote the best of film and video related to the field of developmental disabilities.

Visit our website at:

[www.GoSprout.org](http://www.GoSprout.org)

Click the *How You Can Help* link to find out about ways you can support our programs.



# joseph di salvo fund

The Joseph Di Salvo Fund was established to provide support for the organization through private, annual donations. Sprout's ability to maintain the highest standards in recreational programming is due, in large part, to the generosity of our many contributors.

*We wish to acknowledge with gratitude and appreciation the generous support of our friends...*

## CORPORATE/GOVERNMENT SPONSORS

Aruba Brokers  
Dan Marino Foundation  
Direct Edge  
Irwin Siegel Agency  
Just Four Wheels  
LMCC  
National Endowment for the Arts  
NYC Department of Cultural Affairs  
NYS OPWDD

## SUPPORTERS

Aaron Almendral \*\*  
Austin Almendral  
Tom Amato  
Germain Araud \*\*  
Pamela Auerbach  
Sanford Autor  
Marie & Anthony Barbato  
Santiago Bareiro \*\*  
Deirdre Barnwell \*\*  
Fred Bauman  
David Belmont  
Dominick & Susan Benvenuto  
Barbara Long Bloom  
Barbara Bolton  
Kelly Borden Joye  
Michael & Dana Borkow  
Jeffrey & Bonnie Brecker  
Maxime Burbank  
Mary Cabezas  
Teresa & Paul Carrano \*\*  
Randall & Susan Case  
Jameson Chan  
Carole & Richard Cohen  
Anthony & Roseanne Colella  
Arline Corin  
Thomas P. Cunningham  
Michael Curtin \*\*  
Deborah Davidson  
Evan Davis  
Joseph & Janet De Francis  
Theresa Decker  
Richard & Anna Delle Femine  
Pat & Ann Di Salvo  
Lawrence Domanico  
Timothy & Dagny Du Val  
Doris Disbrow  
Ruth Dubnik  
Marilyn & Alex Englese  
Estelle Fassler  
Helmut Fenster \*\*  
Ruth Ford  
Jonathan & Jennifer Fox  
Howard & Jill Friedman  
Mary Catherine Gabriel  
Krista Glasser & Dean Scharf \*\*

Allan Goldstein  
Mary Beth Greenberg  
Ellen Greenebaum  
Andrea Gunther  
Robert & Barbara Hanning  
Lisa E. Heller  
Paul & Ann Heller  
Mr. & Mrs. Herskovitz  
Carol & Fred Hiddink  
Victor & Izabel Hochgreb  
Mildred Holley-Davis  
George & Mary Holston  
Anthony Iannone  
Denise & William Iannone  
Frank Iannone \*\*  
Marie & Vincent Iannone  
Vincent Iannone \*\*  
Joann Jansen  
Ann Karp  
Michael Katzman  
Susan & Joseph Kelly \*\*  
Cheryl & Doug & Zach Koeber \*\*  
Cam Lasley  
Marcy Lasley  
Albert Lau  
Sasha Lazar  
Shirley & Elliot Lazarus  
Catherine Lazzaro  
Michael Lemish \*\*  
Peggy Lemish  
Annabelle Lieberman  
Bernice Liesegang  
Jeanne Loomer  
Gerald Maslon  
Joseph & Millicent Lupo  
Sarah & Simon Macdonald \*\*  
Patricia & Stephen Mader \*\*  
Gerald & Ann Maglia  
Mary Mallon  
Maryanne Martello  
Louis & Carol Martucci  
James McEneaney  
Lorraine Mishkin  
Tod Moore  
Rob & Wendy Morel  
Michelle Mosca  
Nanci Moskowitz  
Lucy Mullen Ball  
Robert Mundheim  
Elizabeth Murphy \*\*  
Fran & Pat Nespolini  
Adrienne & Jonathan Nova  
Eric Nova  
Barbara Ochalski  
Isabelle Orlanski  
Overstreet Family  
Dulcie Parris  
Georgia Payne  
Norman & Judith Perkus  
Christopher Plum

Myles Prior  
Susan Ricci-Dear  
Diane Rosen  
Ellen Rosen  
Norman Rosenblum & Priya Lalvani \*\*  
Eleanore Rothenberg  
Myrtle Rubens  
Nicholas Sahadi  
Cecilia Sederman  
Rita Sims  
Brijray & Frances Singh  
Amy & Barton Slavin  
William Slone  
Ted Smith \*\*  
Paula Souverijn-Eisenberg \*\*  
Matt Speier \*\*  
Frank Squitteri  
Joan Stern Kiok  
Stephen & Dolores Strelb  
Steven Surowitz  
Thomas Tchang  
Frank Tenbrink & Jeannine Cleary  
Angela Tesoriero Lefkowitz \*\*  
Kevin Toomb  
Stephen Trezza  
Carol Ullman  
Luis Vargas  
RuthAnne Visnauskas \*\*  
Christine Webb  
Joshua & Sharon Weinberg \*\*  
Sally Weinraub  
Constance McCashin Weisman  
Wendy Karafiol & Ronald Weissman  
Bret & Patricia Wirta \*\*  
June Zatto  
Joseph Zwarick

\*\* Leaders/Volunteers in the Sprout program

The Joseph Di Salvo Fund was named in commemoration of Mr. Joseph Di Salvo's unwavering support, dedication and service to the organization.



270 West 96th Street  
New York, NY 10025

Anthony Di Salvo  
Executive Director

Andy Lee  
Program Director

Megan Brayton  
Director of Leadership

Tim Barlow  
NYC Program Coordinator

Laura Cohen  
Film Program Coordinator

Fatih Tunay  
Web Designer

Jeremy Barth  
Web & Technolgy Consultant

phone: 212-222-9575 toll free: 888-222-9575 fax: 212-222-9768 [www.GoSprout.org](http://www.GoSprout.org)